



“The Power Of Confession”

Psalms 32 & 51

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I. Why should we practice regular confession of sins?

Reason #1: Because evil is _____ I look, outside of me and inside of me. (32:1-2; 51:1-2)

What three words are used to describe evil in these verses?

T _____, meaning...

S _____, meaning...

I _____, meaning...

Reason #2: When I don't confess my sins, it _____ me with _____ and _____. (32:3-4)

1. What does guilt and shame do to us?

2. Though we try a thousand ways to cover it up, there's only one thing that can truly cover it.

II. The Beauty of Confession

1. On one hand, it's so very simple. How so?

2. On the other hand, we're not simply talking about saying words. Meaning what?

3. What should I remember if I'm a parent?

III. In true confession, what should be going on in my heart?(Psalm 51:3-12)

I will recognize...

1. my _____. (vs.3)

2. that _____ is the one I ultimately deal with. (vs.4)

3. that I have a _____. (vs.5)

4. that the roots of my sin sink deep into my _____. (vs.6)

5. the _____ God must pay to heal me. (vs.7)

6. that God's ultimate purpose for my life is to make me _____ and bring me back to himself. (vs.8-12)

IV. The journey of confession in the end has two parts to it:

1. I run _____ and bring him my sin. (32:6-7)

2. I run _____ by allowing God to train me for godliness. (32:8-11; cf. 1 Tim.4:7).