



Meditation Model: SPACEPETS

Read the passage, then ask the following questions, and jot down answers which come to mind.

Is there a Sin to confess?

Is there a Promise to claim?

Is there an Attitude to adjust?

Is there a Commandment to keep?

Is there an Example to follow?

Is there a Prayer to pray?

Is there an Error to avoid?

Is there a Truth to believe?

Is there a Scripture to learn?