



Meditation Model: Discovery Bible Study

1. Read the passage.
2. Rewrite, retell, recite the passage – The purpose of this exercise is to begin to plant the passage deeper into your heart. As one person attempts to retell the passage, group members can help out with corrections or missed details.
3. Unpack The Passage Using 3 Questions
 - a. What does the passage teach me about God?
 - b. What does the passage teach me about human nature? About me?
 - c. If what I learned is true, how should I change?
 - d. Complete the following sentence:

In light of this Scripture, this week with God's grace I will...