



## **Discovery Bible Study**

### **The 7 Deadly Sins: Gluttony**

#### **1 Corinthians 6:12-20**

#### **I. Time of Sharing and Prayer – 10-15 Minutes**

You can kick around an icebreaker during this time. Or share how you did with your “I will” statements from last time.

Then go around the group, and for those who are willing, simply thank or praise God in a sentence for one thing that has been a blessing or encouragement to them this week.

#### **II. The Bible Discussion**

1. (5 Minutes) Read 1 Corinthians 6:12-20 through two times, each in different translations. Remember what we said about gluttony. This sin is less about over-eating, and more about the ways we sin with our bodies. A “gluttonous spirit” is one where we care more for the pleasures of the flesh than we do with pleasing God. So ‘gluttony’ can cover a host of sins. Such as alcoholism, or addiction, or sexual sin, which is the concern of this passage. Learning how to control our bodily desires and cravings is an essential habit for spiritual health and growth.
2. (10 Minutes) Since this is not a “story” passage, it would be difficult to retell it in our own words as we sometimes do with our DBS approach. Instead, see if you can come up with at least 10 specific observations from the passage. When we make observations, we are asking the question, “What do I see?” We’re acting like Sherlock Holmes, and simply recording details – however small – that jump out at us. If you have questions about the passage, you can jot those down as well.

3. Discuss The Verses

a. (10 Minutes) What do these verses teach me about God?

b. (10 Minutes) What does the passage teach me about human nature?  
About me?

c. (10 Minutes) If what we learned is true, how should I/we change?  
After discussing this, take a couple minutes to write out below what you  
*will do by God's grace* this next week in light of this passage. Then share  
with the group.

*In light of this Scripture, this week with God's grace I will...*

III. Praying For Each Other – 15 Minutes. Write down requests below, then remember to pray for and check in with each other during the week.