



Discovery Bible Study

The 7 Deadly Sins: Anger

I. Time of Sharing and Prayer – 10-15 Minutes (You can do this instead of an icebreaker).

Share how you did with your “I will” statements from last time.

Then go around the group, and for those who are willing, simply thank or praise God in a sentence for one thing that has been a blessing or encouragement to them this week.

II. The Bible Discussion

1. Verses About Anger – A Sampling

Genesis 4:1-6

Leviticus 19:17-18

2 Kings 17:6-23

Psalms 7:11

Psalms 103:8-9

Proverbs 15:1

Proverbs 22:24-25

Proverbs 25:28

Nahum 1:3

Matthew 5:21-26

Matthew 23:1-36

Mark 3:1-5

Luke 9:51-55

Ephesians 4:26

Colossians 3:8, 12-13

James 1:19-21

James 3:1-12

2. Discuss The Verses

a. What do these verses teach me about God? – 10-15 minutes.

- b. What does the passage teach me about human nature? About me? – 10-15 minutes. (Same directions as before.)

- c. If what we learned is true, how should I/we change? – 10-15 Minutes. After discussing this, take a couple minutes to write out below what you *will do by God's grace* this next week in light of this passage. Then share with the group.

In light of this Scripture, this week with God's grace I will...

III. Praying For Each Other – 15 Minutes. Write down requests below, then remember to pray for and check in with each other during the week.

IV. The Passage for Next Time – Begin to read and meditate throughout the week on the passage for next time.

Next Sunday we are welcoming Jason and Kelly Baker, our missionaries to East Africa, to Bridgeway. Jason will be preaching on a topic related to missions. The next of the deadly sins on our list to consider is "gluttony" (or care of the body). In your life group you are welcome to discuss a topic of your choice or discuss the following Scripture on care of the body: 1 Corinthians 6:12-20.