



**“Life Change Begins Here”
Nehemiah 1:1-11**

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Background To Nehemiah

1. What is the theme of the book of Nehemiah?

It's about taking a life that is _____ and turning it into something _____ and _____.

2. Details about the background of Nehemiah:

3. Who is Nehemiah?

**3 Attitudes You Must Have In Place Before You Can
Rebuild Your Life (Or Church)**

Attitude #1: We must first have an attitude of _____

1. What do we mean by this?

2. How do we find it?

Holy discontent comes when we begin asking

_____ about our lives.

3. Did Nehemiah have to ask these questions? What could he have done instead?

Attitude #2: We must be willing to grow in personal

_____ & _____.

“The one quality which sets one man apart from another, the key which lifts you from aspiration to achievement, is not talent, nor formal education, nor intellectual brightness, but self-discipline.” ~ Theodore Roosevelt

1. If we're saved by grace, where does effort fit in?

2. What is fasting? How does it show Nehemiah's discipline?

3. If I choose not to work at changing my life, God won't allow me to wallow in the misery I've chosen, will he?

**Attitude #3: Look to God for his _____ and
_____ each step of the way.**

“Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose.”

Philippians 2:12-13

1. Do we ever leave grace behind?

2. “The Lord helps those who help themselves.” True or false?

What are some growth goals for 2021 that I sense the Lord is leading me to establish?